

SISA State Swim Clinic

SISA is making available their 2 Day State Swim Clinic in Albury to other registered swimmers.

Criteria

- Swimmers aged 9 – 18 years (as at 1/4/17)
- Swimmers must have at least 1 qualifying time in an individual event at the Victorian State LC Championships (Age, Country or Sprint)

Clinic includes

- Swim Sessions covering each of the 4 strokes
- Technical Skills (Starts, Turns, Finishes and Underwater)
- Group Bonding Activities at “Flyaway Gymnastics”
- Dry Land Training Program
- Technical Skills Presentation on each of the 4 strokes

Development Dates

8/7/17 11:00am – 6:00pm

9/7/17 8:00am – 3:00pm

Swim Clinic Venue GT Aquatics, Albury

Head Coach Les Barclay

Cost \$60

Note: The cost of the Development Days does not include food nor accommodation.

SISA Registration Form

Name: _____

Swimming Club: _____

Gender: _____ DOB: _____

Address: _____

Suburb: _____ Postcode: _____

Phone (BH): _____ Phone (AH): _____

Email Address: _____

Parent/Guardian's Name: _____

Emergency Contact Name: _____

Relation: _____ Phone: _____

Medical Conditions: _____

If Yes, please provide details of medication and treatment:

Physical Conditions: _____

If Yes, please provide details of any restriction on activities:

SISA Payment Form

Name: _____

Swimming Club: _____

I am booking in the following Clinics:

Particulars	\$ Amount
SISA Swim Clinic 8&9 July 2017 (\$60)	
Total	

Payment Method: EFT Cheque

EFT Payments:

Account Name: Southern Inland Swimming Association

BSB: 062621

Account No: 10129024

Reference: Swimmer and Club Name

Please email rego and payment forms to: gtaquatics1@yahoo.com.au

Cheque Payments:

Cheques made payable to "Southern Inland Swimming Association."

Send rego and payment forms and cheque to:

SISA Development Convenor

PO Box 1078

Lavington NSW 2641