

## **O&M** Development Officer

The Duties of the Development Officer are as follows:

Planning and implementing Development Programs for Ovens & Murray registered swimmers, this includes a

<u>7-10 program</u> - which ultimately leads to selection for the 7-10 Encouragement Meet held in November each year at the Melbourne Sports and Aquatic Centre.

**10 and Over program** - this program helps to support the clubs within our district that do not have indoor pools for winter training, and continues to foster the friendships made whilst part of the 7-10 program.

Both the above programs have in the past been run as below

- 10 sessions fortnightly on a Sat afternoon, 2:00pm 3:30pm for 7 9 and 3:30pm 5:30pm for 10/O
- About 25 swimmers in each squad (50 total) for the last few years
- Targeted at Junior Swimmers and swimmers from Clubs who do not have regular winter training sessions
- 1 coach if up to 25 swimmers booked in and 2 coaches if over 25 swimmers booked in
- Only selection criteria for these squads is age.

<u>Swim Clinics/Development Days</u> - these are run if deemed appropriate.

If there is a selection criteria in order to participate, letters need to be sent to swimmers advising of their selection.

- Various degrees of success over the past few years
- Suggest running 2 days in conjunction with SISA or GV to share the expenses
- Usually a selection criteria involved with selection letters sent out in April

## **Timetable**

Dec/January Plan winter program including budget, liaise with SISA or GV if partnering with other

District, quotes are required by the board for approval (Pool Hire).

Jan/February Get O&M Board approval for Dev Program

February Book pools and coaches, produce information booklet outlining dates and times of sessions to be held, include registration form, put info on website.

April Send out info to selected swimmers for Swim Clinics and Clubs for the 7 - 10 and 11/Over

Squads

May – June Collate Rego forms and payments received for Dev Squad

May – Sept Run Fortnightly/Monthly sessions as appropriate.