



Ovens & Murray District Swimming Association

www.omdsa.org.au

6th Pennant Program - Hosted by the Corowa Swimming Club

Date of Meet: 4/2/2018

Venue: Corowa Swim Centre

Warm Up: 10:00am

Meet Start: 11:00am

M	Event No	F	Age	Distance	Stroke
1	2		12/Under	200m	freestyle
3	4		13/Over	200m	freestyle
5	6		10/Under	50m	freestyle
7	8		11 - 13 Years	50m	freestyle
9	10		14/Over	50m	freestyle
11 Mixed			SWD	50m	freestyle
12	13		10/Under	100m	butterfly
14	15		11 - 13 Years	100m	butterfly
16	17		14/Over	100m	butterfly
18	19		10/Under	50m	backstroke
20	21		11 - 13 Years	50m	backstroke
22	23		14/Over	50m	backstroke
24 Mixed			SWD	50m	backstroke
25	26		10/Under	100m	breaststroke
27	28		11 - 13 Years	100m	breaststroke
29	30		14/Over	100m	breaststroke
31	32		10/Under	50m	butterfly
33	34		11 - 13 Years	50m	butterfly
35	36		14/Over	50m	butterfly
37 Mixed			SWD	50m	butterfly
38	39		10/Under	100m	freestyle
40	41		11 - 13 Years	100m	freestyle
42	43		14/Over	100m	freestyle
44	45		12/Under	200m	IM
46	47		13/Over	200m	IM
48	49		10/Under	50m	breaststroke
50	51		11 - 13 Years	50m	breaststroke
52	53		14/Over	50m	breaststroke
54 Mixed			SWD	50m	breaststroke
55	56		10/Under	100m	backstroke
57	5		11 - 13 Years	100m	backstroke
59	60		14/Over	100m	backstroke
61 Mixed			12/-	4x50m	back/free relay
62 Mixed			13/+	4x50m	back/free relay
63 Mixed			Open	8x50m	freestyle relay

➤ Swimmers may swim in a maximum of 5 individual events of their choice – any combination of strokes/distances – this means you may swim 50m free / 100m free / 200m free in the one day and receive points for each swim

- Points will be allocated to all swims – there will be no time trial events
- You may swim in one age relay plus one open age relay *** Back free relay swum in order of back/free/back free
- Can coaches /parents /race secretaries please be mindful of what swimmers are capable of swimming
- All clubs will need to provide a team manager(s) to assist younger swimmers and to assist their teams for relays
- Clubs may enter multiple relay teams (pending lane availability) however points will only be allocated to one team per club per event. Any additional teams must be flagged as exhibition
- Age as at: 1st October, 2017 - Age groups for points are:

8/under	9 year	10 year	11 year	12 year	13 year	14 year	15 year	16 year	17-34	35/over
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- TM Entries to come from club race secretary only – Entries close Friday 2/2/18 @ 8:00pm
- Please Email: entries@omdsa.org.au club race secretaries can contact: entries@omdsa.org.au with any queries
- Swimmers to follow their clubs entry deadline – if unsure please speak to your clubs race secretary
- All relays are mixed and can be made up of any number of males/females - please try to mix it up & keep it fair ☺

INFORMATION FOR FAMILIES NEW TO SWIMMING

- ❖ Please wait near the marshalling table on arrival in marshalling (beside the marshalling tent) and wait for your name to be called.
- ❖ Some events have over 20 heats, so be mindful and respectful of marshalls calling for swimmers – please try and keep the noise level down whilst catching up with friends
- ❖ When marshalls call your name please reply by raising your hand and saying “yes” or “I’m here”
- ❖ Please don’t crowd around the marshalling table stand back and wait for your name to be called.
- ❖ Swimmers need to go to and remain where marshalls place them. Please try to refrain from moving once seated.
- ❖ Please let marshalls know if withdrawing from an event or from the meet..... this will assist combining events
- ❖ Please let marshalls know if you are likely to be in the water when they are marshalling your next event (for events in close succession)