



Championship Meet Day One – 23/2/2019 & Day Two – 24/2/2019  
 Hosted by the Yarrawonga/Mulwala Swim Club  
 At Yarrawonga Pool, 17 Burley Road, Yarrawonga

### Trophies / Awards for Day One and Day Two of Champs

Trophy Awarded	Event	Event No:	Age
Frank Fenwick Medal	Butterfly – closest to national time	(presented at O&M relay meet)	
Barry Martens Memorial Trophy	Girls & Boys 100m Backstroke	31 & 32	12 years
H. Jorgensen Trophy	Boys 100m butterfly	48	12 years
H. Batey Trophy	Girls 100m butterfly	49	12 years
Gwen Miller Trophy	Girls 100m Breaststroke	119	14 years
Joes Service Station	Boys 200m Individual Medley	133	15 years & Over
Terrill Award	Girls 200m Individual Medley	134	15 years & Over
Dr Worch Trophy	Boys 100m freestyle	135	Open
G Dowling Trophy	Girls 100m freestyle	136	Open
Gwen Howard Trophy	Girls & Boys 100m Freestyle	165 & 166	12 years

### Qualifying Times for Day One and Day Two of Champs

Event 85 & 86	14years & under 400m freestyle	Boys: 6:10 & Girls: 6:35
Event 127 & 128	10 years & under 200m Ind. Medley	Boys: 3:50 & Girls: 4:00
Event 129 & 130	11/12 years 200m Ind. Medley	Boys: 3:30 & Girls: 3:35
Event 131 & 132	13/14 years 200m Ind. Medley	Boys: 3:15 & Girls: 3:25
Event 133 & 134	15 years & Over 200m Ind. Medley	Boys: 3:00 & Girls: 3:10
Event 177 & 178	15 years & over 400m freestyle	Boys: 6:00 & Girls: 6:25

### To qualify for the 2 day Championship Meet Plus Championship relay Meet:

- Two pennant rule applies to Day 1 & Day 2 of O&M Championships
- All three championship days must be swum for the same club
- No transfers between individual champs and relay champs
- Age is as at 23<sup>rd</sup> February 2019 for all three championship days
- Cost is \$5.00 per event
- Entries to be submitted online
- Entries close Monday 18<sup>th</sup> February at 9.00pm
- QUALIFYING TIMES SHOULD BE STRICTLY ADHERED TO. Failure to swim within qualifying time without proof will incur a \$10 fine
- Dress Code requirements for Medal Presentation for all three Championships Days – Club T shirt & shorts to be worn – Footwear optional – No Towels
- FINA swimsuit policy applies – see SV competition by laws for further information
- 11 years and under Bather Rule applies – see SV competition by laws for further information
- Please check for psych sheets on omdsa website and O&M facebook and notify of any errors by 5.00pm Wednesday 20<sup>th</sup> February.
- **Once the program has been published ALL late entries will be deemed as exhibition swims.** Times swum as exhibition will be submitted to the national data base, but no medals or points will be awarded.

## Day One – Events to be swum in this order – Warmup 1:00pm Start: 2:00pm

Boys	Girls	Age	Stroke	Distance	Notes
1	2	Open	Breaststroke	200 metres	
3		Multi Class	Freestyle	50 metres	
4	5	8 years & under	Freestyle	50 metres	
6	7	9 years	Freestyle	50 metres	
8	9	10 years	Freestyle	50 metres	
10	11	11 years	Freestyle	50 metres	
12	13	12 years	Freestyle	50 metres	
14	15	13 years	Freestyle	50 metres	
16	17	14 years	Freestyle	50 metres	
18	19	15 years	Freestyle	50 metres	
20	21	16 years	Freestyle	50 metres	
22	23	17-34 years	Freestyle	50 metres	
24	25	35 years/over	Freestyle	50 metres	
26		Multi Class	Backstroke	50 metres	
27	28	10 years/under	Backstroke	100 metres	
<b>135</b>	<b>136</b>	<b>Open</b>	<b>Freestyle</b>	<b>100 metres</b>	<b>Heats (Finals to be swum Sunday)</b>
29	30	11 years	Backstroke	100 metres	
31	32	12 years	Backstroke	100 metres	Trophy – Boys/Girls – Barry Martens
33	34	13 years	Backstroke	100 metres	
35	36	14 years	Backstroke	100 metres	
37	38	15 years	Backstroke	100 metres	
39	40	16 years	Backstroke	100 metres	
41	42	17-34 & 35/Over	Backstroke	100 metres	
43		Multi Class	Butterfly	50 metres	
44	45	10 years & under	Butterfly	100 metres	
46	47	11 years	Butterfly	100 metres	
48	49	12 years	Butterfly	100 metres	Trophy – Boys: H. Jorgensen Girls: H. Batey
50	51	13 years	Butterfly	100 metres	
52	53	14 years	Butterfly	100 metres	
54	55	15 years	Butterfly	100 metres	
56	57	16 years	Butterfly	100 metres	
58	59	17-34 & 35/Over	Butterfly	100 metres	
60	61	Open	Freestyle	200 metres	
62		Multi Class	Breaststroke	50 metres	
63	64	8 years & under	Breaststroke	50 metres	
65	66	9 years	Breaststroke	50 metres	
67	68	10 years	Breaststroke	50 metres	
69	70	11 years	Breaststroke	50 metres	
71	72	12 years	Breaststroke	50 metres	
73	74	13 years	Breaststroke	50 metres	
75	76	14 years	Breaststroke	50 metres	
77	78	15 years	Breaststroke	50 metres	
79	80	16 years	Breaststroke	50 metres	
81	82	17-34 years	Breaststroke	50 metres	
83	84	35 years/over	Breaststroke	50 metres	
85	86	14 years/under	Freestyle	400 metres	Qualifying Time – Boys 6:10 Girls 6:35

## Day Two – Events to be swum in this order – Warmup 9:30am Start 10:30am

Boys	Girls	Age	Stroke	Distance	Notes
87	88	Open	Backstroke	200 metres	
89	90	8 years & under	Butterfly	50 metres	
91	92	9 years	Butterfly	50 metres	
93	94	10 years	Butterfly	50 metres	
95	96	11 years	Butterfly	50 metres	
97	98	12 years	Butterfly	50 metres	
99	100	13 years	Butterfly	50 metres	
101	102	14 years	Butterfly	50 metres	
103	104	15 years	Butterfly	50 metres	
105	106	16 years	Butterfly	50 metres	
107	108	17-34 years	Butterfly	50 metres	
109	110	35 years/over	Butterfly	50 metres	
111	112	10 years & under	Breaststroke	100 metres	
113	114	11 years	Breaststroke	100 metres	
115	116	12 years	Breaststroke	100 metres	
117	118	13 years	Breaststroke	100 metres	
119	120	14 years	Breaststroke	100 metres	Trophy – Girls: Gwen Miller
121	122	15 years	Breaststroke	100 metres	
123	124	16 years	Breaststroke	100 metres	
125	126	17-34 & 35/Over	Breaststroke	100 metres	
127	128	10 years & under	Ind. Medley	200 metres	Qualifying Time – Boys 3:50 Girls 4:00
129	130	11/12 years	Ind. Medley	200 metres	Qualifying Time – Boys 3:30 Girls 3:35
131	132	13/14 years	Ind. Medley	200 metres	Qualifying Time – Boys 3:15 Girls 3:25
133	134	15 years/over	Ind. Medley	200 metres	Qualifying Time – Boys 3:00 Girls 3:10 Trophy – Boys: Joe's Service Station Girls: Terrill award
<b>Lunch Break</b>					
135	136	Open – Final top 8	Freestyle	100 metres	Trophy: Boys – Dr. Worch Girls – G. Dowling
137	138	8 years & under	Backstroke	50 metres	
139	140	17-34 years	Backstroke	50 metres	
141	142	16 years	Backstroke	50 metres	
143	144	15 years	Backstroke	50 metres	
145	146	14 years	Backstroke	50 metres	
147	148	13 years	Backstroke	50 metres	
149	150	9 years	Backstroke	50 metres	
151	152	10 years	Backstroke	50 metres	
153	154	11 years	Backstroke	50 metres	
155	156	12 years	Backstroke	50 metres	
157	158	35 years/over	Backstroke	50 metres	
159	160	Open	Butterfly	200 metres	
161	162	10 years & under	Freestyle	100 metres	
163	164	11 years	Freestyle	100 metres	
165	166	12 years	Freestyle	100 metres	Trophy – Boys & Girls: Gwen Howard
167	168	17-34 & 35/Over	Freestyle	100 metres	
169	170	16 years	Freestyle	100 metres	
171	172	15 years	Freestyle	100 metres	
173	174	14 years	Freestyle	100 metres	
175	176	13 years	Freestyle	100 metres	
177	178	15 years/over	Freestyle	400 metres	Qualifying Time – Boys 6:00 Girls 6:25

See Separate Flyer for Championship Relay Meet



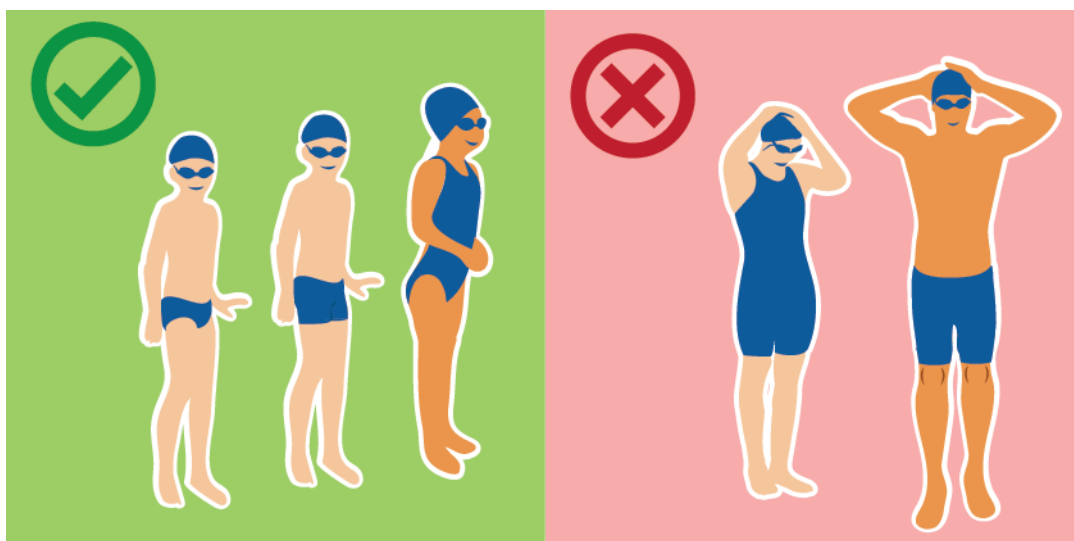
## 11/UNDER RACE SUITS

### Guidelines for Swimming Victoria Technical Officials

This information is for Technical Officials in applying Swimming Victoria's rule in relation to race suits for 11 and under swimmers at SV meets.

***It is intended as a guide to the interpretation of the rule and Technical Officials are advised to continue to use their best judgement. If in doubt please speak to the meet referee.***

The diagram below should assist you.



As a 'rule of thumb', for boys, suits that finish closer to the hip than to the knee are acceptable. See below.

**Examples of Aqua Shorts/Trunks/Classic Briefs Allowed (examples only):**



For girls, traditional style one or two piece bathers are permitted.

In no circumstances are suits with zips or fasteners allowed.

**Example of girls' 2 piece – allowed**

