



# ALBURY AMATEUR SWIMMING CLUB

## LONG COURSE OPEN MEET – SUNDAY 28<sup>TH</sup> OCTOBER 2018.

Qualifying Meet – Approved by SISA

### \$\$\$ CASH PRIZES \$\$\$

1st= \$40 2<sup>nd</sup>= \$20 3<sup>rd</sup>= \$10

Event 1- Pam & Phil Evans Trophy

Event 9- Harold Groch Trophy

Event 19- Frank Hohmann Trophy

Event 29- Patricia Gould Trophy

Event 39- Jackie & Paul Clemson



ALBURY SWIM CENTRE- 50M HEATED  
OUTDOOR POOL -25M WARMDOWN POOL  
WARM UP 9AM RACE START 10AM

ENTRIES OPEN 1<sup>ST</sup> OCTOBER 2018

ENTRIES CLOSE 10PM 23<sup>RD</sup> OCTOBER 2018

Age as at 28th October 2018

## Online Entries Only. Find details on the following links

[www.alburyswimclub.org.au](http://www.alburyswimclub.org.au) [www.omdsa.org.au](http://www.omdsa.org.au) [www.nswswimming.com.au](http://www.nswswimming.com.au)  
[www.southerninlandnswswimming.org.au](http://www.southerninlandnswswimming.org.au) [www.swimmingvictoria.org.au](http://www.swimmingvictoria.org.au)

**Pool Entry** – Pool opens 09:00 am. Pool Entry Charges apply. Meet is open to swimmers registered with their state swimming body.

- An Area Approved meet conducted under the rules of Swimming NSW Ltd.
- This is a qualifying meet.
- Events and heats may be combined if insufficient entries.
- All events are timed finals.
- Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> places to age groups listed in synopsis.
- Late entries will be at the discretion of the Meet Director.
- Lunch break will commence approximately between 12.30pm and 1.00pm for ½ hour.
- The Meet Director reserves the right to change the program and conditions as necessary.
- The final program and results will be available at both SISA and O&M websites.

M	F	Age	Distance	Stroke	M	F	Age	Distance	Stroke
1	2	Open Evans Trophy	400	Free	28	29	12 & Under	50	Breast
3	4	Open	400	IM	30	31	13 & Over	50	Breast
	5	Open MC	50	Fly	32	33	Open Gould Trophy	200	Breast
6	7	12 & Under	50	Fly	34	35	12 & Under	100	Breast
8	9	13 & Over	50	Fly	36	37	13 & Over	100	Breast
10	11	Open Groch Trophy	200	Fly		38	Open M/C	50	Free
12	13	12 & Under	100	Fly	39	40	12 & Under	50	Free
14	15	13 & Over	100	Fly	41	42	13 & Over	50	Free
	16	Open M/C	50	Back	43	44	Open Clemson Trophy	200	Free
17	18	12 & Under	50	Back	45	46	12 & Under	100	Free
19	20	13 & Over	50	Back	47	48	13 & Over	100	Free
21	22	Open Hohmann Trophy	200	Back	49	50	12 & Under	200	IM
23	24	12 & Under	100	Back	51	52	13 & Over	200	IM
25	26	13 & Over	100	Back	53	54	Open	800	Free
	27	Open M/C	50	Breast	55	56	Open	1500	Free

## Program Synopsis

Stroke	Distance	Age Groups
Freestyle	50	8/under, 9/10, 11/12, 13/14, 15/16, 17& Over & MC
	100	10& Under, 11/12, 13/14, 15/16, 17& Over
	200	Open
	400	Open
	800	Open
Backstroke	1500	Open
	50	8/under, 9/10, 11/12, 13/14, 15/16, 17& Over & MC
	100	10& Under, 11/12, 13/14, 15/16, 17& Over
Breaststroke	200	Open
	50	10/under, 11/12, 13/14, 15/16, 17& Over & MC
	100	12& Under, 13/14, 15/16, 17& Over
Butterfly	200	Open
	50	10/Under, 11/12, 13/14, 15/16, 17& Over & MC
	100	12& Under, 13/14, 15/16, 17& Over
IM	200	10& Under, 11/12, 13/14, 15/16, 17& Over
IM	400	Open